

AGE *Concern* WEDNESDAY CLUB

Again we have had excellent entertainment over the past few weeks.

November 12th - we were delighted to welcome back 'The Third Generation' from Dunfermline – very talented ladies and most enjoyable.

November 18th - Bob Finlay with his group called 'Near and Far' entertained us. It is always a pleasure to have them.

November 26th – 'Spectrum', a choir from Linlithgow, came along. We had a lovely afternoon listening to a selection of songs and readings. We were also joined, on this occasion, by guests from Larbert Age Concern, who thoroughly enjoyed their afternoon with us.

The following Wednesday - Ian Rule showed slides and gave a very interesting talk on his 'working' holiday in Sri Lanka, with his lovely wife Nancy! He is a representative of Rotary International. He also gave an updated talk on the situation in Thailand and how money from the Rotary has helped in that area after the tsunami disaster.

Tuesday 9th December - we went to St Margaret's Primary School to see the youngsters perform a Nativity play, which had a twist to the usual story with slightly different seasonal songs. The children were very good and we appreciate being asked to share as afternoon with them. Our President, Betty Glen, gave the vote of thanks after which we were served with afternoon tea with cake and shortbread.

10th December - Christmas would not be Christmas without Mrs Waugh and the Laurieston Church Choir. We had a lovely afternoon listening to carols and, of course, Isabella's amusing renditions.

17th December - Our 'Christmas Party' was a fun day with primary 2 children from St Margaret's school singing a selection of their Christmas songs. A visit from Santa with selection boxes had them returning to school with smiles all around. Of course, Santa came to all our members, and after a lovely spread, we (the helpers) ended a lovely day, with Mrs Waugh playing for us. We tried not to be Polmont's 'awfiest' choir!!

We all enjoy the Wednesday Club and new members are always welcome. Our wish to all for 2009 is

'Have a Happy and Healthy Year'.

Sandra Gow

A SENIOR MOMENT !!!!



- for all of us who **are** seniors
- for all of you who **know** seniors
- and for all of you who **will be** seniors.

It pays to be able to laugh about it
when you are!

And, speaking of senior moments:

'WHERE is my SUNDAY paper?'
demanded the irate customer calling the
newspaper shop, wanting to know where her
Sunday edition was.

'Ma'am,' said the shopkeeper, 'today is Saturday.
The Sunday paper is not delivered until tomorrow
on Sunday.'

There was quite a long pause on the other end of
the phone, followed by a ray of recognition as she
was heard to mutter:

'SO that's why no one was at church today!!!'

IF I COULD CATCH A RAINBOW



If I could catch a rainbow
I would do it just for you
and share with you its beauty
on the days you're feeling blue.

If I could build a mountain
you could call your very own;
A place to find serenity,
A place to be alone.

If I could take your troubles
I would toss them in the sea,
But all these things I'm finding
are impossible for me.

I cannot build a mountain
or catch a rainbow fair,
But let me be what I know best,
A friend who's always there.