



EDITORIAL

Hello dear readers. With the Christmas and New Year celebrations now behind us it is that time of the year again when most of us reflect on the year gone by. There were major events that shook the world like the revolutions in Egypt and Libya, riots in London, earthquakes in Japan and New Zealand and in counterpoint the happiness surrounding the Royal Wedding. As Malcolm Nicol reminds us the royal family and the queen do bring stability in troubled times. But there is also the personal events that shake our lives like the loss of loved ones, as Rev O'Brien reminds us. But, as I look out at the snowdrops in my garden, there is always some small sign that change always lies ahead. So I wish every one of our readers that there will be happiness in some of the changes that lie ahead for you this coming year. Please remember if you wish to submit an article send it to:

polmontnews@hotmail.co.uk

St Margaret's Primary School

Submitted by Jackie Reid, Deputy Head Teacher



Farewell to Mrs McKay from all at St. Margaret's

We would like to convey to you our sadness at the retirement of Mrs. Mary McKay. Mary was a very valued member of our staff team and has worked in St. Margaret's Primary School for 24 years. She will be greatly missed by all. We wish Mary well as she begins a new chapter in her life! Mary, and her husband Tom, are well-known members of the Polmont community, having lived in Polmont for many years, bringing up their family here. I'm sure that you will join with us in thanking her for the care and commitment that she has shown to her colleagues and children in Polmont over the long number of years she has been in our school.

Our Growing Nursery!

We are extremely pleased with our enhanced Nursery provision on our school site, completed late December 2011. Prior to the holidays, the fourth classroom was being converted into an extended playroom for our children. This was to ensure that new children starting in early January could be accommodated. All our pupils, new and "old" are settling in beautifully together, responding well to their new surroundings. We would like to extend our grateful thanks to the tireless efforts of the Nursery team in preparing this new additional resource.

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Our Magazine Pages are in PDF (Portable Document Format) and to view them you require Acrobat Reader.



The advantage are small file size and fast download.

Click the image to find out how to get a free copy of the

Reader.

St Margaret's Primary School Continued

Health Focus Week Interdisciplinary Learning Event

Health Focus Week will be running in school from Monday 30th January to Friday 3rd February, 2012. In addition, we would be delighted if any of our community members, who have special talents/occupations related to Health and Wellbeing, could contact the school if they would be willing to share their skills with a class or classes, during Health Focus Week.

Going for Gold!

We would like to share with you an exciting enterprising learning project that our whole school will be involved in. The project, entitled, "Going for Gold" has pupil Health and Wellbeing placed at the centre of a whole programme of planned activities, all with an Olympic Sports theme. The project will be led by Miss Watson, one of our Primary 7 teachers, who has already put a tremendous amount of work into the planning of the project. Many thanks to her for all her supreme efforts.

This will be ongoing throughout the remainder of the session, enabling our pupils to try many different "tasters" of Olympic Sports, provided both in school by our staff and pupils, and working with our Active Schools' and Community partners. This will culminate in each child in school taking part in an Interdisciplinary Olympic Project and Olympic-themed sports days. We will keep you posted on all the exciting news about this initiative in future newsletters.

Cross- Country Events

Again this session, we have an excellent number of pupils taking part in our Athletics club. Some members have already attended events giving some fabulous performances. More of our members will be attending events in the near future.

Parents' & Carers' Guide to the Internet – Safer Internet Day

Thinkuknow is leading two sessions on the national "Parents' and Carers' Guide to the Internet." These will be held on Tuesday 7th February, 2012 between 9:30-11:30am and 7:00-9:00pm at Camelon Education Centre. To register, please contact Ann Peoples on 01324 501965 or e-mail ann.peoples@falkirk.gov.uk Places are limited to 50 per session, so please book early to avoid disappointment.

Polmont Church News

Submitted by Rev Jerome O'Brien



Post Christmas roundup

All of the organisations are now back into full swing after the Christmas break and it is good to see that the church is getting busier again on Sunday mornings. The Christmas season ended with some very happy and joyous gatherings taking place in the Church. The Watch Night service continues to be one of the biggest gatherings of the Church year. We had visitors from the USA and Australia with us for the occasion and many more from closer to home. Apart from the warm welcome (which included a Mexican Wave) and the carol singing, the minister, Jerome, and his wife, Tracey, staged a play about two angels. The play was a hop and skip through the Old Testament where angels feature in the Bible story, but told as if the two angels were a husband and wife team. The play ends with the one angel being given the task by 'The Boss' of delivering a message to some shepherds on the hills near Bethlehem and how that message would change lives forever. Christmas Day was also in the Church and there was a smaller gathering of folk to welcome the Day and its Maker, to choose the hymns themselves and to share a few Christmas stories.

Some sad farewells

The New Year has brought a lot of sadness too to many people in the community with the passing away of Sarah Edwards, David Love, Margaret Blakey and Denise Fleming. The funeral service for Denise was an especially poignant one in that Denise was a young woman taken very suddenly and who leaves three children. It was a particularly large gathering of folk at the Church and one of Denise's children, Hayley, read a very moving and special tribute to her mother at the service. Our thoughts and prayers remain with all of these families, and others, who have lost loved ones recently.

Messy Church

The Messy Church celebration took place on Sunday 15th January in the Church Hall. As this was the Messy Church closest to Burns' Night, the theme for the evening was 'Things Scottish', so the evening began with ceilidh dancing. We then had the messy bit of making 'highland coos', followed by some songs to Scottish tunes, then a talk by David Park and then the sciency bit by our resident 'mad-scientist' Doug Sheehan. The meal for the evening was Haggis, Neeps and Tatties and the haggis was duly (and violently) addressed by David before everyone tucked into the meal. A splendid evening. The morning services are continuing a theme of readings from the book of Hebrews and the Youth Churches have resumed and are following a theme of the Lord's Prayer.

Meadowbank Library

Submitted by Allan Wright



We hope everyone had a Merry Christmas and a good New Year

Weather Conditions

Like everyone else this month, Meadowbank has already been affected by the weather conditions. First the snow, then the high winds on Thursday the 8th December, which resulted in the library closing at 1pm.

If we experience bad weather and people are stuck at home and can't make it into the library, we can renew items by phone (01324 503870) or you can sign up for on-line services and renew your items on the council website. We will do our best to keep customers up to date. Look for the latest information on the council website, from Central FM or you can follow us on twitter at <http://twitter.com/LibFalkirk>.

Children's Activities

Children's activities are restarting this month after the Christmas break. A new timetable has been drawn up for the rest of the year. Please ask at the desk for details. Both Baby Rhymetime for children up to 18 months and Toddleround from 18 months -3 years will still be on a Thursday morning from 10.15-10.45am. Tickets for these activities are free and can be picked up from the desk 1 week before each session.

Children's Christmas Craft Session

We had a very successful Christmas themed craft session this year on Saturday 17th December from 10.30 – 11.30am. The children and staff made Christmas cards, calendars and baubles with penguins inside and finished off with chocolates to eat and take away. A fun time was had by all.

Top 10 Authors at Meadowbank.

We thought that folks might be interested in what the most popular books and authors are at Meadowbank. We recently got a new piece of software that makes finding out this information really easy. So here's the first of our new top charts. This month it's the most popular authors at Meadowbank between November and December 2011. The column below tells you how many times their books went out in that time.

1	Patterson, James	86
2	Roberts, Nora	63
3	Higgins, Jack	57
4	Baldacci, David	49
5	Grisham, John	49
6	Jardine, Quintin	43
7	Coben, Harlan	41
8	Steel, Danielle	40
9	Connelly, Michael	37
10	Cussler, Michael	36

More information on the above or any of the library services can be obtained by phoning 503870 or emailing meadowbank.library@falkirk.gov.uk

The Braes Councillors

Submitted by Cllr Malcolm Nicol

Braes Councillors

Avondale "Smells" Meeting

There was a great turnout of people concerned by the regular smells coming from Avondale when over 80 residents packed the Old Community Hall this week for the public meeting I had called on the subject. In attendance, were the Directors of Avondale from Manchester and the senior management team from the regulating body for landfills, the Scottish Environmental Protection Agency.

The audience asked many questions of both parties as to why the smells could not be better controlled and questions, of SEPA as to why they were not using the powers that they had to impose sanctions on the site. Avondale readily admitted it's shortcomings and vowed to make both technical and staffing improvements to alleviate the problem. SEPA pledged to up it's monitoring regime. Both parties would provide better out of hours contact arrangements and Avondale are in the process of setting up a dedicated contact number for complaints about the site. It was agreed that I would call another meeting of all the parties in 4 or 5 months to hold to account any failure in any of the undertakings given.

Lighting Columns

The most recent contract for replacement lighting columns is almost complete and a real difference will be noted in the quality of light from these columns. They are also much more energy efficient.

Greenpark Centre

The first phase of window replacement and asbestos removal is complete with the next two phases following on. The whole contract will be finished by the spring with the much needed repainting of the outside of the building. Polmont Playgroup are relocating to the newly refurbished part of the building, sharing with a new Youth Club that Community Education will shortly be seeking to get off the ground.

Diamond Jubilee

Although the main celebrations to mark the Queen's 60 years of service to our country and the Commonwealth are in June she succeeded to the throne on the 6th of February 1952 upon the death of her father, King George VI.

In June, Falkirk Council will be taking part in the traditional lighting of beacons but on the 6th I hope you will join me on reflecting on how well she has performed her role over six decades.

Many people, myself included, have known no other sovereign. Her strong Christian faith and dedication to duty is a real example to us all. Nowadays, in our age of celebrity culture such virtues may be considered by many to be unfashionable but the Queen has seen many fashions come and go over her reign yet she has been a constant fixture in at times a troubled landscape. Long may she continue to be so!

As always if I can be of any help or assistance I can be contacted at: Malcolm.Nicol@falkirk.gov.uk

Community Police

Submitted by Community Police Team

Community Police

Counterfeit Vodka - be careful what you buy!

It has been made known that possible counterfeit Vodka is being sold at discount prices and of the devastating consequences it causes to health, due to the presence of harmful chemicals in it. A large quantity of vodka, which appeared to be a genuine well known brand was recovered down south, but found to be counterfeit. Be vigilant and always buy alcohol from a reputable retailer.

The following is a list of signs that may help you identify these harmful bottles;

- * The liquid inside smelling of nail varnish
- * Squint or badly cut labels, as they are mostly placed on the bottles by hand and not machine.
- * Bottles on the shelf not being filled to the same level
- * Seal may be broken

If you believe you have been offered or bought alcohol that may not be genuine please contact the police.

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Community Police Continued

Weekend Asbit Patrol

During the course of Friday 13th and Saturday 14th January 2012 one youth disorder call was made in relation to youths drinking on a public footpath near to Gardrum Gardens, Shieldhill. This call was dealt with quickly and efficiently resulting in a number of youths being spoken to with regards to their conduct. Over the course of the full weekend 10 litres of alcohol was seized from local youths.

Dropping Kids off at School

If you are a parent / carer who drives your children to school and picks them up by vehicle at the end of the day, please be aware of the following:

1. Give yourself plenty of time to arrive early.
2. Find a safe stopping place where you do not obstruct other traffic, Block driveways, obstruct bus stops, park on yellow lines, etc.
3. Do not leave your vehicle with the keys in the ignition and the engine running.
4. Check to see if the school has a local parking / traffic direction plan for such peak times and adhere to what the school are asking.
5. Don't do anything to risk the safety of your or any other child.
6. Be patient with others.

These simple rules are common sense and should ensure the safety of all at these important times of the day.

Disposing of personal details

Please be aware of what you are putting into your bins, especially the paper recycling bin. If you do not dispose of your personal information properly it can then be used to open bank accounts or credit cards, take out loans and even purchase high value items on credit. At the end of the day when payments are defaulted on the creditor will come looking for you!

When putting items in the paper recycling bin make sure it is either shredded or torn into suitably small pieces. You can buy a shredder for as little as £10.00 now. Make sure your personal identity is safe.

Potential housebreaker caught in Polmont

On Thursday 19th January 2012 a member of the public saw a male person acting suspiciously in the Taymouth Road area of Polmont. As a result the police were contacted and a male was apprehended for a preventative crime which is used in circumstances where a break in has not actually happened but may well have occurred. This male was identified as a well known criminal and he appeared at Falkirk Sheriff Court on 20th January 2012 where he pled guilty. This is a prime example of how the public can help the police stop a situation before it happens. If you see anything suspicious get as much detail as you can and call the police Tel 01786 456000 or 999 if a crime is in progress.

Suspicious damage at Brightons Inn

About 8.30pm on Sunday 22nd January 2012, an incident occurred whereby some damage was caused to the entrance to the Brightons Inn. Three men all described as 18 - 20 years of age, one about 6 foot tall wearing a royal blue hoodie, the second man was 5 foot 5 inches tall, short dark hair wearing a black bomber jacket and the third man was 6 foot tall with light brown hair wearing a grey hoodie. If anyone recognises the above descriptions or has any information regarding the incident please could you contact myself or any other officer quoting crime reference number CF0020730112 by telephoning 01786 456000 or through Crimestoppers tel 0800 555111

Beware of Cold Callers!

Although some businesses who sell at the door are genuine a proportion of these are rogue doorstep sellers selling services such as home improvements and repairs, security systems, mobility aids, gardening services etc. Older and more vulnerable adults are more at risk from becoming victims of bogus cold calling or rogue doorstep sellers.

These doorstep sellers appear to be trustworthy and genuine but once you have let a doorstep seller into your home, they will be expecting a sale - and they won't give up easily. Rogue doorstep sellers will usually insist on starting the work the same day and will often ask for cash upfront. They may offer to take you to the bank or building society so you can get the money out.

These are some of the phrases they may use:

"We are only in the area today"

"We were doing a job in the area and we have some materials left over"

"I noticed you've got a few loose tiles on your roof..."

"This cut-price special offer is only available if you sign today...."

"If you pay by cash we will give you a discount"

If you are in doubt just say 'No, sorry I don't buy at the door' and close the door.

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Community Police Continued

How to Report a Doorstep Crime Scam?

If someone has called at your home uninvited and carried out work that you're unhappy or worried about. If you need help or if you want to report an incident either for yourself or for your friend, neighbour or relative call Trading Standards on (01324) 504950 or the Police on (01786) 456000 to help us please provide as much information as possible. If you can, please provide details of:

- * **Registration numbers and descriptions of any vehicles.**
- * **Description of the traders – how many and appearance including clothes worn, accents etc.**
- * **Detail of any paperwork – was any given, if so what was it?**
- * **Detail of names / telephone numbers on vehicles**

Tips and Advice on how to avoid becoming a victim of Doorstep Crime.

If you are approached by any person offering to carry out repairs to your property, turn them away and tell them "I do not buy from Doorstep sellers", close the door Then ... Follow this advice.....

DO

Lock your doors front and back. Before answering the front door check that the back door is locked and remove the key. Fix a security chain or door bar, and use it every time someone calls. Look through the spy hole (if your door has one) or the window to see who it is.

Ask all callers for identity cards. If the caller is genuine they will not mind. Check the seller's identification. Use your local phone book or yellow pages to obtain a phone number of the company, (not the number detailed on the caller's identification), to check they are genuine.

If you are not expecting them and they have not shown you an identity card, do not let them in until you are sure that the caller is genuine.

If unsure say 'no thank you, I do not buy at the door' and close the door. Report the matter to Trading Standards.

Never sign a contract until you have shopped around first. Ask for more time to consider the offer and to get a second quotation. A genuine seller will understand this and not try to pressurise you into signing that day.

Get advice from family, friends or neighbours before agreeing to have any work done.

DON'T

Believe the high pressure selling techniques – i.e. tarmac left over from another job, they are rarely true.

Let a persistent seller intimidate you into making an immediate decision or buy things you don't need.

Agree to have work done to your home without getting a second opinion and quotation.

Keep a large amount of cash in your home and do not agree to go the bank or building society with the seller.

Remember

If you do sign a contract following a 'cold call' from a company (this includes a telephone call from the business asking for an appointment to visit you), and the goods or services you buy cost more than £35, then you generally have seven days to change your mind and cancel the contract. This cancellation should be sent in writing to the company, by recorded delivery and you should keep a copy of the cancellation letter.

Recently there has been cold calling in the Shieldhill area. Using this guide you can avoid being a victim of a scam or crime which can cost you dearly.

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Community Police Continued

Internet safety for Parents and Carers

There will be a Parent and Carers Guide to the Internet Event held at Camelon Education Centre, Abercrombie St. Camelon on the 7th February 2012 between 9.30am - 11.30am or 7pm - 9pm
Do you want to know more about the online world? Go along and find out the answers you need to know. Discover practical steps to protect your child online, To register for a free place email: ann.peoples@falkirk.gov.uk
Or telephone 01324 501965. Cant make it? Don't worry, just visit www.thinkuknow.co.uk/parents on Tuesday 7 February

Buying Alcohol – age verification

You may or may not be aware that a new mandatory condition was added to liquor licenses on the 1st of October 2011. The condition being that staff are REQUIRED to verify the age of patrons by checking identification as proof of age. This involves all ON Sales and OFF Sales premises verifying that those who appear under the age of 25 years and are attempting to purchase alcohol, are in fact over the age of 18 years and thereby allowed to make the purchase. If you are under 25 or are lucky enough to look under 25 you will be asked to prove that you are aged 18 or over when you buy alcohol. The 3 forms of Identification that will be accepted are ;

- * **Passport**
- * **Photocard driving licence**
- * **PASS accredited Proof of Age Card**

For more information please check out www.challenge25.org

Please be aware that anyone Under 18 attempting to purchase alcohol commits an offence. It is also an offence to have fraudulent identification, or use proper identification that does not pertain to you. It is also an offence to buy alcohol on behalf of a person under the age of 18.

Polmont Rotary Club

Submitted by Susan Ord

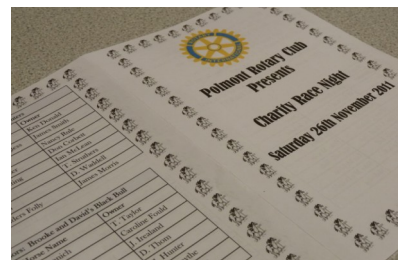


Recent speakers to the club have been:

- Graeme Bell, Pro Golf, Linlithgow
- Geoffrey Stell, The Right of Sanctuary

Rotary Charity Race night

A wonderful evening was had by all the Rotary Charity Race night organised by the Derek Killin's Foundation Committee in November. A total of £912.11 was raised for Rotary Foundation and International good causes.



Santa Sleigh

Polmont Rotary Santa Sleigh raised a fantastic £6132.40 benefiting the following charities:



- Strathcarron Hospice**
- Chest, Heart & Stroke**
- Teenage Cancer Trust**
- Falkirk Autistic Bairns**
- Royal Radio**
- Polmont 1st Boy Brigade**
- Seagull Trust**
- Maddiston Timezone**
- Carronrange School**
- Falkirk Samaritans**



A big thank you to all the volunteers, friends of rotary and the generosity of the people of Polmont and the Braes for their donations and continued support, always

appreciated.

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Polmont Rotary Club Continued



Saturday 25th February 2012 – be part of the world's biggest swim!

On this day around the world we are trying to get as many Rotary Clubs or organisations to hold a mini "Rotary Swimarathon" between 1200 – 1300 hours (GMT). We are asking that you get as many people as possible in your town to swim just 100 metres non-stop within that hour. At the same time raise sponsorship or charge a nominal

entrance fee to support the End Polio Now campaign.

By getting people to swim for 100 metres within that same hour we can also break a world record for the most number of people swimming at the same time around the world.

A great opportunity for the campaign, a great opportunity for Rotary, a great opportunity to stay fit and a great opportunity for Rotary to go into the World Record Book.

For more information on this event please contact Ian McLean.

Rotary Clubs Worldwide meet US\$200 Million Fundraising Challenge



Jeff Raikes, chief executive officer of the Bill & Melinda Gates Foundation (left), shakes hands with Rotary Foundation Trustee John Germ during the fourth plenary session of the International Assembly. *Rotary Images/Alyce Henson*

Rotary International has succeeded in meeting the Bill & Melinda Gates Foundation's US\$200 million match in funding for polio eradication, raising more than \$202.6 million as of 17 January.

"We'll celebrate this milestone, but it doesn't mean that we'll stop raising money or spreading the word about polio eradication," Rotary Foundation Trustee John F. Germ told Rotary leaders at the International Assembly in San Diego, California, USA. "We can't stop until our entire world is certified as polio-free."

The fundraising milestone was reached in response to \$355 million in challenge grants awarded to The Rotary Foundation by the Gates Foundation. All funds have been earmarked to support polio immunization activities in affected countries where the vaccine-preventable disease continues to paralyze children.

Rotary Celebrated India's first Polio-Free Year



Rotary club members worldwide are cautiously celebrating a major milestone in the global effort to eradicate polio. India, until recently an epicenter of the wild poliovirus, has gone one year without recording a new case of the crippling, sometimes fatal, disease. The photo shows Rotarians and state government leaders in Jaipur, Rajasthan, India, vaccinate children against polio during a National Immunization Day in 2011.

India's last reported case was a two-year-old girl in West Bengal State on 13 January 2011. The country recorded 42 cases in 2010, and 741 in 2009.

A chief factor in India's success has been the widespread use of the bivalent oral polio vaccine, which is effective against both remaining types of the poliovirus. Another has been rigorous monitoring, which has helped reduce the number of children missed by health workers during National Immunization Days to less than 1 percent, according to the World Health Organization (WHO).

"The achievement of a polio-free India for a full year is a significant step towards a polio-free world -- an example as to what can be accomplished no matter what problems need to be overcome," says Robert S. Scott, chair of Rotary's International PolioPlus Committee. "Rotarians of India are and should be proud of the key efforts they have made at all levels, without which the world would not be marking this milestone."



"As an Indian, I am immensely proud of what Rotary has accomplished," Banerjee says. "However, we know this is not the end of our work. Rotary and our partners must continue to immunize children in India and in other countries until the goal of a polio-free world is finally achieved."

If you would like to find out more about joining Rotary please visit and contact the club via our website www.polmontrotary.org

Greenpark Community Centre Programme

Day	Class	Time	Room	Type	Comment
Monday	Child Minders	9.30—11.00 am	Craft Room	Self Supporting	
Monday	China Painting	9.30—11.30 am	G.P. Room	Self Supporting	
Monday	Art Group	10.00—12.00 Noon	Main Hall	Self Supporting	
Monday	Beginners Patchwork	1.30—3.30 pm	Craft Room	Tutored	
Monday	Bridge Class	1.30—3.30 pm	Lesser Hall	Tutored	
Monday	Carpet Bowling	2.00—4.00 pm	Main Hall	Self Supporting	
Monday	Beginners Sewing	7.00—9.00 pm	Various	Tutored	Runs in blocks of 10 Weeks
Monday	Community Council Meetings	7.00—9.00 pm	Coffee Lounge	Committee	Third Monday of the Month
Monday	Yoga (Linda Scott)	7.00—8.00 pm	Main Hall	Independent Tutor	Venue Hired
Monday	Zumba	8.30—9.30 pm	Main Hall	Independent Tutor	Venue Hired
Tuesday	Polmont Ramblers	9.00—9.30 am	Gathering Point	Self Supporting	Bus to Location
Tuesday	Parent & Toddler	9.30—11.30 am	G.P. Room	Self Supporting	
Tuesday	Beginners Yoga	10.00—11.00 am	Craft Room	Tutored	
Tuesday	Coffee Lounge Bookstall	10.00—12.00 Noon	Coffee Lounge	Volunteer Workers	
Tuesday	Tai Chi	10.30—12.15 pm	Main Hall	Tutored	
Tuesday	Tea Dance	2.00—4.00 pm	Main Hall	Instructors	
Tuesday	Slimming World	6.00—7.00 pm	Lesser Hall	Independent Group	Venue Hired
Tuesday	Rainbows	6.00—7.00 pm	Main Hall	Group Leaders	
Tuesday	Jogging Club	7.00—9.00 pm	Blue Room	Self Supporting	
Tuesday	Sewing Class	7.00—9.00 pm	Craft Room	Tutored	Contact Centre for Details
Tuesday	Junior Karate	7.15—8.15 pm	Main Hall	Instructor	
Tuesday	Adult Karate	8.15—9.30 pm	Main Hall	Instructor	
Tuesday	Falkirk Writers Circle	7.00—9.00 pm	Coffee Lounge	Self Supporting	
Tuesday	Yoga (June Mercer)	7.30—9.00 pm	G.P. Room	Independent Tutor	Venue Hired
Tuesday	Bridge Group	7.30-9.30 pm	Lesser Hall	Self Supporting	
Wednesday	Polmont Probus	9.00-12.00 Noon	Main Hall	Self Supporting	Fortnightly
Wednesday	Childminders	9.30-11.30 am	Craft Room	Self Supporting	
Wednesday	Stretch & Tone	10.00-11.15 am	G.P. Room	Tutored	
Wednesday	Coffee Shop Bookstall	10.00-12.00 Noon	Coffee Lounge	Volunteer Workers	
Wednesday	Lunch Club	11.15-1.00 pm	Lesser Hall	Volunteer Workers	
Wednesday	Patchwork	1.30 -3.30 pm	Craft Room	Tutored	
Wednesday	Craft Hobby Group	1.30-3.30 pm	Lesser Hall	Self Supporting	
Wednesday	Carpet Bowling	2.00-4.00 pm	Main Hall	Self Supporting	
Wednesday	Aerobics	6.00-7.00 pm	Main Hall	Tutored	
Wednesday	Pilates	6.00-7.00 pm	G.P. Room	Tutored	Venue Hired
Wednesday	Ju-Jitsu Class	7.00-8.30 pm	G.P. Room	Independent Tutor	
Wednesday	Hillwalkers	7.00-9.00 pm	Coffee Lounge	Self Supporting	3rd Wednesday of Month
Wednesday	Hobby Craft Group	7.00-9.00 pm	Craft Room	Self Supporting	
Wednesday	Model Flying Club	7.00-9.30 pm	G.P. Room	Self Supporting	
Wednesday	Trefoil	7.00-9.00 pm	Coffee Lounge	Self Supporting	1st Wednesday each Month
Wednesday	Zumba	7.30-8.30 pm	Main Hall	Independent Tutor	Venue Hired

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Greenpark Community Centre Programme Continued

Day	Class	Time	Room	Type	Comment
Thursday	Parent and Toddlers	9.30-11.30 am	G.P. Room	Self Supporting	
Thursday	Line Dancing	10.00-11.15 am	Main Hall	Tutored	
Thursday	Coffee Shop/Bookstall	10.00-12 Noon	Coffee Lounge	Volunteer Workers	
Thursday	Floral Art	10.30-12 Noon	Craft Room	Self Supporting	
Thursday	Art Appreciation	11.45-1.45 pm	Lesser Hall	Self Supporting	
Thursday	Art Classes	1.30-3.30 pm	Craft Room	Tutored	Ongoing
Thursday	Polmont Art Club	2.00-4.00 pm	Main Hall	Self Supporting	
Thursday	Brownies	6.00-7.30 pm	Blue and G.P. Room	Independent Group	
Thursday	Scottish Slimmers	7.00-9.00 pm	Main Hall	Independent Group	Venue Hired
Thursday	Women's Ass of Theatre and Drama Group	7.00-9.00 pm	Coffee Lounge	Self Supporting	
Friday	Parent and Toddler	9.30-11.30 am	G.P. Room	Self Supporting	
Friday	Childminders	10.00-12 noon	Craft Room	Self Supporting	
Friday	Polmont Quilters	9.30-12.30 pm	Main Hall	Self Supporting	
Friday	Lunch Club	11.45-1.00 pm	Lesser Hall	Volunteer Workers	
Friday	Poetry Group	2.00-4.00pm	Lesser Hall	Self Supporting	
Friday	Scottish Country Dancing	1.30-3.30 pm	Main Hall	Tutored	
Sunday	Polmont Quakers	10.45-1.00 pm	Coffee Lounge	Self Supporting	
Sunday	Fuschia Society	2.00-4.30 pm	G.P. Room	Self Supporting	
Sunday	Horticultural Society	7.00-9.00 pm	Coffee Lounge	Self Supporting	Guest Speakers



Fallen Tree at Cadgers Brae Roundabout after the early January Storms — Photo Iain Morrison