

## The Lunch Bunch




Here we are at the start of a New Year and we look forward to seeing all of our regulars. If you have not already sampled our snack lunches, why not join us one Thursday. We open at 11.30am.

We have a wide menu which includes hot food e.g. soup, toasties and the 'Special' of the day; sandwiches with varied fillings and delicious 'home baking' to follow.



### *Everyone is Welcome*

Marlene is the second child, which the Lunch Bunch is sponsoring through World Vision. This is a copy of the letter which tells us a little about Marlene and her family.

*Jim Wilson*  
 714181

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## Report from St Margaret's House

St Margaret's Festive programme culminated with an in-house production of "Puss in Boots", featuring "The Bad Bunnies" supported by "Fairy-nuff" "Fairy-lite" and "Fairy liquid".

Visits from Laurieston Church Choir, Men's Fellowship and Christian Men's Concert Party were most appreciated, as was our own team of helpers/entertainers backed up by Messrs Hendry & Cochrane.

We had outings to St Margaret's Primary School Concert, Grangemouth Choral Society and of course our own Flower Festival earlier in the year.

All in all another successful season, made possible by the dedication of staff, re-inforced by a myriad of helpers from local Churches and organisations.

*Richard*



Loving father, Help us not to carry resentment and spite in our hearts against those who have hurt us. Help us to make peace between those who quarrel and not to spread discord. Give us loving hearts and make us good friends. Amen.

## TRANSLATION



World Vision

NAME: ONOFRE JIMENEZ, Marlene

Dear sponsor,

First, I send you warm greetings and love to you and all your family.

This is Marlene's father and I would like to tell you a little about her.

I wrote this letter because she is still so little so she is not yet attending school.

One of the things she really enjoys is playing with dolls and toy pots.

She is not attending yet at school because she is still little.

I work in agriculture labours and my wife is a very good woman who grazes animals and takes care of us.

We live in a community surrounded by mountains and rivers.

Well I hope to hear from you soon. I will sign off with regards.

May God bless you!!!

Yours faithfully,

Mr Jose Onofre on behalf of Marlene

## PAUSE

- For 10 seconds to take a deep breath
- For 1 minute to take in the view
- For a couple of minutes to brew a cuppa
- For 10 minutes to clear your head
- For 20 minutes to call your mum
- For half an hour to exercise your body
- For a couple of hours to read a good book
- For a day to find some fun
- For a weekend under the stars
- For a fortnight to recharge your batteries
- For a month to learn something new
- For a summer to be a kid again
- For a year to see the world
- For a lifetime to work out what it all means
- Or for just five minutes to do absolutely nothing