



## LUNCH BUNCH

We continue to be busy on Thursdays at the Lunch Bunch, but on 16th October we were kept on our toes as 16 walkers came down from the canal looking for some hot food!!

### Opening Hours

Every Thursday  
11.30am until 1.30pm

Polmont Old Parish Church Hall  
Main Street  
Polmont

If you are a regular at the Lunch Bunch, thank you for your support. If you have not already visited us on Thursdays, come along and join us.

### Holiday closures

18th and 25th December 2008  
and  
1st January 2009

### We re-open on 8th January 2009

We wish everyone  
a very Happy Christmas  
and  
a Healthy New Year!

*Jim Wilson*  
 714181

### Christmas Cheer Recipe

Mix together:

- \* loads of good wishes
- \* heartfuls of love
- \* and armfuls of hugs

Sprinkle with laughter and garnish  
with mistletoe

Top off with presents

Serves everyone!



## Fellowship News

Our Minister, **Jerome O'Brien**, joined us at our opening meeting of the new session. He gave us 'food for thought', when he asked us to discuss in groups what the word 'soul' means. It was an inspirational evening. We also welcomed new members to our 'Fellowship'.

October 13th saw us listening to **Ian Scott** telling us about 'Old Polmont'. As always, Ian was informative and funny.

**Janice MacNeill** from Donaldson's School for the Deaf gave an interesting talk on October 27th. She was an enthusiastic speaker.



### Dates for your diary

December 8<sup>th</sup> - **Christmas Dinner** in the Cladhan Hotel, followed by **carol singing** with Sandra - see you all there! If anyone needs a lift, please contact Isobel Cochrane on 718002 or myself on 714181.

January 12<sup>th</sup> - **Elinor Milne** will be telling us about the work of The Seagull Trust.

January 26<sup>th</sup> - we will hear all about **Ian Rule's 'Exotic Holiday'**.

We wish all of our members a Merry Christmas and a happy healthy 2009.

*Ellen Wilson*  
 714181

*Kidzone, Power house & Inspire  
present*

*'The Nativity'  
Sunday 21 December 2008  
Polmont Old Parish Church  
11.00am*

