



## TEENAGERS!

### What every parent has to know by Rob Parsons

This is an easy to read book full of everyday advice to assist parents through the scary years of parenting between 12 and 20. It answers questions parents may have on the 'big' worries like sex, drugs, and bullying but also the more commonplace and less talked about concerns regarding school, communication and developing independence.

Rob, who is one of the leaders of Focus on the Family, as well as an international speaker and writer makes a lot of sense. What he says is interspersed with quotes, statistics and each chapter ends with a 'case study' which is simply a few paragraphs from a parent or teenager who often say it even better than Rob. The book is quick to read cover to cover and also works to dip into for inspiration!

Available from Wesley Owen and the Polmont Old Church Library.

**Tracey**

LATERAL THINKING ANSWERS	
Page 3	Six feet underground Think big Tricycle Glance backwards
Page 12	Reading between the lines Crossroads I understand Life after death
Page 28	Two degrees below zero Neon light

They do stretch the imagination just a bit!!!  
But some light-hearted fun for the summer.



During school terms, on Sunday mornings 11am to 12pm in the church, we start by staying for a wee bit of the service, then going through to the back to participate in activities and discussions. We're on holiday at the moment, but we start back on the same day as Kidzone. We completed last year's session by helping with the final family service on Noah's Ark, helping with prayers, the drama and singing to make it a success.

All those from P7 to S3 welcome!  
Contact Tracey at the Manse for more details!

*Contributed by Lucy*



The Grid is on every 2nd and 4th Sunday of the month in the church hall, from 6.30pm to 9.00pm. We have toasted sandwiches together as we watch a film and afterwards we discuss it.

The last film we watched was Bolt, the story of a dog that is an actor in a TV show, before he gets lost in the US and finds out he doesn't have as many superpowers as he thought he had. But we find out in the end that he really is a superdog... This is a very heart-warming story and the animation is superb. From this film we learnt about bravery, trust and how we must believe in ourselves.

If you are aged 11 – 18, come along and join us!  
Contact Jerome for more details.

*Contributed by Lucy*

